

Rotary

CLUB OF BURNIE

CLUB NUMBER - 18437

THE BULLETIN

80TH YEAR - No 16 – OCTOBER 11th 2021



SERVE TO CHANGE LIVES

President – Themba Bulle
Secretary - George Austin
Treasurer - David Bennett
Bulletin Editor – Allan Jamieson

INVOCATION

For good food, for good fellowship, may the
giver of all our blessings make us truly thankful.

ROTARY MONTH: OCTOBER – ECONOMIC & COMMUNITY DEVELOPMENT

Apologies: please call - Dr Themba Bulle on 03 6432 2222

or call - George Austin on 0438 450 801

Permanent Duty Roster: Graeme MUIR & Dilani WIJESOORIYA

Club website: <http://www.burnierotary.org.au>

Date	Event or Speaker/Topic	Venue
October 18	???	RSL
October 25	DISCUSSION: Dealing with Member Satisfaction Survey	RSL
Ideas for speakers? Contact Paul Kearney or Dean Chamley		

BIRTHDAYS AND ANNIVERSARIES – OCTOBER 2021

	Birthdays		Wedding Anniversary		Rotary Anniversary
6	Senzeni BULLE	2	Paul/Philipa KEARNEY	18	David McCARTHY
9	Allan JAMIESON			20	Graeme MUIR
				22	Nigel MORGAN

RAFFLE WINNERS	John P (wine); Nethmini (flowers); Roopa (chocolates)
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ATTENDANCE	21 ... 81%
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President Themba:

- Welcome to our Guest Speaker, Peter Truman (Somerset Rotary Club) and four other members of the Somerset Club *plus* Liz. from Burnie West Rotary Club.
- Welcome also to all the partners here for our annual Hat Night to raise funds for Australian Rotary Health, which is one of the largest independent funders of **mental health research** within Australia.

Secretary George Austin:

- For those who obtained tickets from me for the TSO event: PAY UP tonight, please

PP David Bennett:

- The total of our three bank accounts is approx. \$28,000.

Guest Speaker: Peter Truman trained as a Psychiatric Nurse in UK; he and his wife then moved to the South Island of New Zealand to work; from there they moved to Brisbane (where he found the climate to be too hot, and with a hospital scene that was very old fashioned); finally they moved to Tasmania in 1991. Peter said he prefers to work in patient care rather than be occupied with administrative duties.

Since the 1990's, there has been an emphasis on moving mental patients out of hospital (or 'asylum') and into the community, made possible by having a better understanding of the needs of patients and availability of more specific medicines. An emphasis on early treatment and drugs has enabled this to happen.

- Bipolar patients can cope well outside of hospital care, though occasionally they will need some help
- Paranoid Schizophrenia patients comprise a very *small* number of all mental patients, but Peter has found these to be the most difficult to deal with
- There are several forms of depression. Patients with so-called Clinical Depression have a limited ability to manage themselves, though they are easy to medicate for. The proportion of Reactive Depression cases appears to be increasing, possibly due to the impact of government impositions in the fight against the Covid virus; lockdowns, job losses, income loss, etc..



[Pres. Themba & Peter Truman]

Peter works within CAT – a part of the Mental Health Services system in Tasmania. CAT is located at the Parkside building in Burnie and consists of Mental Health Nurses; Clinical Psychologists; Peer and Carer workers; Social workers; Occupational Therapists; Psychiatrists, and other specialist medical staff.

To a question from the audience, Peter agreed that the number of young people exhibiting mental disorders is definitely increasing. He sees this as a consequence of how our society has changed – for the worse, he reckons – over the past thirty or so years. These days, young people have grown up believing they can have *everything* immediately and it is scandalous how *easy* they find it to incur huge debts – without limits!

Hat Parade:

The great variety of hats on heads caused President Themba to ask Ian and Jenny Chalk of Somerset Rotary to select two winners. David Bennett was the Men's Winner with his hat imitating London's Big Ben and his partner Glenda was the Women's Winner with her (almost) equally unusual hat.



Jenny and David



Ian and Glenda

For more hats and their wearers, see over page.



Roopa and Liz renew acquaintance



Senzeni Bulle



John Pease (about to fine someone?)



Lau and Lau (who is who)



Three (nameless) spivs – conspiring *again!*